

## **Endometrial Tissue Sampling by Endometrial Curettage**

Your physician will obtain an endometrial tissue sampling by means of a procedure called an endometrial curettage. This involves the removal of tissue from the uterine cavity, using a small curette and suction. This tissue sample will be sent to and evaluated by the laboratory. The procedure is performed in the office with either no anesthesia or, if necessary, a local anesthesia. This procedure may cause some minor discomfort and discharge and, as in any tissue collection procedure, there is a possibility, although rare, of infection.

If you have any of the following conditions, please discuss with your doctor prior to having this procedure done as it may mean the procedure should not be done at this time.

- Severe anemia
- Clotting mechanism deficiency
- Heart disease
- Pelvic infection
- Extreme Anxiety
- Other health conditions of which you, my physician, should be informed

After the Endometrial biopsy you may or may not have vaginal spotting. Report any bleeding heavier than your normal period to your physician. While you are healing after the procedure, do not put anything into your vagina for at least one week:

- No sexual intercourse.
- No tub baths.
- No vaginal douches.
- No use of tampons.

You may take Tylenol, 2 tablets, or Advil, 2 tablets, every 4 hours for discomfort.